

VIDEONYSTAGMOGRAPHY VNG Testing Pre-Instructions

DR. _____ has ordered a VNG to be performed at our **EDGEWOOD**
office
on _____ at _____ AM/PM
Your appointment is with _____.

The VNG test is performed to evaluate patients with dizziness, vertigo, or balance dysfunction.

The test evaluates the function of the balance portion of your inner ear.

IT IS VERY IMPORTANT TO FOLLOW THESE INSTRUCTIONS BELOW TO ACHIEVE ACCURATE RESULTS.

- Please do not wear lotion on your face, no make-up including mascara or eyeliner to the test.
- Please do not eat three hours prior to testing.
- Please do not drink caffeine or alcohol 48 hours prior to testing.
- Do not take any of the following medications 48 hours prior to testing.
 - ANTI NAUSEA MEDICATION
 - ANTI VERITGO MEDICATION
 - TRANQUILIZERS OR ANTIDEPRESSANTS
 - SEDATIVES/SLEEPING MEDICATION
 - NARCOTICS AND BARBITURATES
 - ANTIHISTAMINES
 - PAIN MEDICATION

****You should continue to take any heart, blood pressure, diabetic and thyroid medications, medications for seizures, or any medication deemed by your physician to be necessary prior to testing.**