

Re: VNG instructions

Holly Catron

Wed 3/2/2016 1:10 PM

To: Eileen Gordon <eileeng@nkyent.com>;

Videonystagmography, VNG Testing Pre-instructions
Dr. _____ has ordered a VNG. The VNG will be performed at our Edgewood office on _____ at _____ A.M./P.M. If you do not schedule your testing today someone from our office will call you to schedule.

The VNG test is performed to evaluate patients with dizziness, vertigo, or balance dysfunction. The test evaluates the function of the balance portion of your inner ear. It is very important to follow the instructions below to achieve accurate results.

- Please do not wear lotion on your face, and no makeup including mascara and eyeliner to the test.
- Please do not eat three hours prior to testing.
- Please do not drink alcohol 48 hours prior to testing.

Please do not take:

- anti-vertigo medications (ex: Meclizine)
- anti-nausea
- antihistamines
- sleeping pill
- pain pills

48 hours before testing

These medications can affect the results of the testing.

You should continue to take heart, blood pressure, diabetic, and thyroid medications, medication for seizures, or any other medication deemed by your physician to be necessary prior to testing.

Thank you,
Holly Catron, LPN
Assistant to Dr. James Kempiners
ENT & Allergy Specialist