



Beta-Blockers (Blood Pressure Medications)

Important drug information for allergy patients

WHAT ARE BETA-BLOCKERS?

Beta-Blockers are medicines commonly prescribed for high blood pressure or heart conditions, or for control of migraine headaches, glaucoma and tremors. Some examples are listed below.

Oral

<u>Brand</u>	<u>Generic</u>	<u>Brand</u>	<u>Generic</u>
Apo-Metoprolol	Metoprolol	Novo-Pindol	Pindolol
Apo-Propranolol	Propranolol	Novopropranol	Propranolol
Apo-Timol	Timolol	Normodyne	Labetalol
Betaplace	Sotalol	Propafenone	Rhythmol
Betaloc	Metoprolol	Sectral	Acebutolol
Blocadren	Timolol	Slow-lrasicor	Oxprenolol
Brevibloc	Esmolol	Sorine	Sotalol
Bystolic	Nebivolol	Sotacor	Sotalol
Cartrol	Carteolol	Tenormin	Atenolol
Coreg	Carvedilol	Timolide	Timolol
Corgard	Nadolol	Toprol XL	Metoprolol
Detensol	Propranolol	Trandate	Labetalol
Inderal	Propranolol	Trasicor	Oxprenolol
Inderide	Propranolol	Viskazide	Pindolol
InnoPran XL	Propranolol	Visken	Pindolol
Kerlone	Betaxolol	Zebeta	Bisoprolol
Levatol	Penbutolol	Ziac	Bisoprolol
Lopressor	Metoprolol	Tenoretic	Atenolol

Ocular (eye)

<u>Brand</u>	<u>Generic</u>
AK-Beta	Levobunolol
Betagan	Levobunolol
Betaxon	Levobetaxolol
Betimol	Timolol
Betopic	Betaxolol
Cosopt	Timolol
Istalol	Timolol
Ocudose	Timolol
Ocumeter	Timolol
Ocupress	Carteolol
OptiPranolol	Metipranolol
Timoptic	Timolol / Combigan
Xalcom	Timolol

WHY ARE BETA-BLOCKERS IMPORTANT TO ALLERGY PATIENTS?

Beta-Blockers can make allergy symptoms worse; nasal congestion, asthma and allergic bronchitis are most likely to worsen. Beta-Blockers may also increase the risk of serious allergic reactions such as insect stings and allergy treatments. They can make the medical treatment of serious allergic reactions more difficult.

WHAT IF YOU ARE TAKING BETA-BLOCKERS?

Discuss with the doctor who prescribed the Beta-Blocker medicine whether there is an alternative available since you are taking allergy injections (ACE-inhibitors or calcium-channel blockers). **DO NOT STOP** taking your Beta-Blocker without consulting with your medical doctor. Stopping these medications without instruction from your doctor is not safe.

Remember: Patients on Beta-Blockers will need to change their medicine in order to have allergy test and shots. Notify the allergy department if you are taking a Beta-Blocker medicine. Also, inform our office as soon as possible about any changes in your medical condition and/or current medicines.